



Policing takes centre stage in Shipston following Co-Op raid

Shipston Town Council invited Police and Crime Commissioner, Philip Seccombe, to its March meeting, following the theft of the cashpoint from the Co-Op store. Councillors and members of the public were given the opportunity to put questions to the Commissioner, Inspector Dave Kettle and PC Craig Purcell.

Philip Seccombe explained that he had raised the police element of the council tax precept to its maximum level to fund 100 additional officers and police staff in Warwickshire, to be recruited over the next 12 months. The additional funding and resources will support a wide range of policing activities including safer neighbourhood teams, road and motorway officers, crime investigation and patrols.

Warwickshire Police is also setting up a new Rural Crime Team dedicated to tackling issues such as hare coursing,

theft and other crimes, with a focus on prevention. More funding is also being put into tackling domestic violence, modern slavery and child sexual exploitation.

Warwickshire Police has been working as part of a comprehensive alliance with West Mercia Police, which will end in October. Warwickshire Police is now in the process of looking at new ways of delivering services, including on a standalone basis, working with other forces and external organisations, a new collaboration with West Mercia, or a combination of these options. Mr Seccombe said: "We are rebuilding how we deliver services from the bottom up. This is likely to mean we become more responsive to Warwickshire residents and deliver a strengthened service overall."

Inspector Dave Kettle, who is responsible for 14 safer neighbourhood teams in South Warwickshire, provided a snapshot of the demands facing the force. In the 48 hours prior to the council meeting, the force had received over 800 calls, made nearly 60 arrests and recorded over 200 crimes across the county.

Officers work closely with neighbouring police authorities to share information and track criminals.

When asked whether we should expect more crimes of the type experienced by the Co-Op store, the Inspector's view was that these



From left: PC Purcell, Inspector Kettle, PCC Philip Seccombe

sorts of crimes would most likely remain rare but that we can all help the police by sharing information, letting officers know when something doesn't look right and by keeping each other informed to help prevent crime happening. Particular mention was made of the valuable role Neighbourhood Watch schemes can play in reducing the risk of crime.

Town Clerk, Georgina Beaumont, said: "The Town Council would like to thank Philip Seccombe and his officers for taking the time to talk to the town council and local residents. We are keen to work with the police to do what we can to reduce the risk of our residents becoming victims of crime."



Watch your speed, warns community team

Shipston's Community Speedwatch team has been out monitoring the speed of vehicles coming in and out of the town, using a speed gun which is shared with neighbouring villages.

The team has been monitoring speeds on Stratford Road and London Road, with a number of vehicles recorded travelling at speeds well over 40 miles per hour (62 mph in one case). Although the team cannot issue penalties, the number plates of all those exceeding the limit are provided to the Traffic Police, who take the necessary follow up action.

The community team is seeking to educate drivers about the importance of observing speed limits, and the data collected will provide evidence to press for other speed reduction measures.

Shipston's Community Watch team will be monitoring speeds again in the summer. To join the team or find out more, contact Jacey Jackson on 01608 661288.



Woolly weekend is on the way

Exciting plans are afoot which will see new attractions added to Shipston's well established Woolly Weekend at the end of May. More details in this month's issue.

Mayor's column

The Town Council was very grateful to the police commissioner for attending the March town Council meeting and outlining the police plans for rural communities. It not only highlights that we are not immune to crime, but that there is a lot we can do to help the police by being vigilant, reporting crime and participating in neighbourhood watch.

With a community as strong as ours, we should all look to make this as safe a place as possible for us all to be proud of.

I was delighted to be invited to attend the "Sounds Spectacular" event at Warwick University. Thousands of children of all ages performed at this musical showcase for the Warwickshire Music Education Trust. It shows what talent there is in the area, but also the fabulous facilities that are available to support this and other events, not too far from our doorstep.

Transport can be an issue, but as a community, maybe this is something we can look to do more to overcome for the benefit of all our residents, and especially our younger people.

The town's events calendar is really starting to take off now that we're heading into spring. Take a look at page 8 for a summary of some of the main events we have to look forward to this year.

One of the first on the calendar is our Civic Service on the 28th April. This aims to be a celebration and showcase of our community, with a special focus on the youth of our town. It is open for all to attend, so if you need more details or want to get involved please let the office know – I look forward to seeing many of you there.

Ian Cooper

Residents warned of Council Tax scams

Stratford-on-Avon District Council has issued a fraud warning after receiving reports from residents getting cold calls or texts about a Council Tax rebate from individuals who appear to work for the District Council. The text often contains phishing links, which direct the recipient to a website where they will be asked to provide personal data.

Cold callers claim to be from the District Council and try to gain bank details by saying residents are due a Council Tax refund as their account is showing a credit.

The District Council will never telephone, email or message to ask for a payment to release a Council Tax overpayment.

If you do receive an unsolicited call from someone claiming to be from the District Council, do not divulge bank or credit card details.

If you think your Council Tax account is in credit and/or that you are due a refund, please call the district council's Council Tax Team on 01789 260990.

What will this year's Woolly Weekend bring?

One of the highlights of Shipston's annual calendar – the Shipston Wool Fair – looks set to surprise and delight residents and visitors with new attractions alongside traditional favourites.

Once again, the town will be celebrating a Woolly Weekend. From Saturday 25th to Monday 27th, the Wool Fair Flower Display will be held in St Edmunds Church. For the first time this will be accompanied by a Wedding Dress display, featuring dresses from the Victorian age to present day.

The Totally Locally Arts and Crafts Market will take place on Saturday 25th May from 10am to 4pm, with the Wool fair itself taking over the town on Bank Holiday Monday 27th May.

Look out for the article in next month's Forum for more details on what to expect at the 2019 Wool Fair.

Mannequin appeal – The Wool Fair Committee is desperately seeking mannequins to display the impressive range of wedding dresses it has collected for the Wool Fair weekend. If you have a mannequin they could borrow, or know where they could borrow some from, please contact the Town Clerk on 01608 662180 or clerk@shipstontowncouncil.org



New approach to Annual Town Meeting

Shipston Town Council is taking a new approach to the Annual Town Meeting and hopes to attract as many residents as possible to the event.

The Annual Town Meeting is an opportunity for the town council to present its annual report to hear what the council has been working on over the past 12 months. The council will also be presenting this year's Shipston Award for community service.

As the meeting will be taking place during the restricted pre-election 'Purdah' period, the annual meeting will not include verbal reports from individual councillors or a question and answer session for parishioners. However, if there are topics residents would particularly like covered in the meeting, please send your questions

to clerk@shipstononline.org and the council will aim to provide updates as appropriate as part of its annual report.

As well as summarising the business of the last 12 months, medals will be presented to former town mayors in recognition of their support for the local community. The council will also be presenting the community grants for the year ahead. A show reel of key events that have taken place in the town will also be shown at the event.

The Annual Town Meeting will take place at the Townsend Hall on 9th April at 7pm and everyone is welcome.



News from Shipston Town Council's March meeting

Hot topics:

Asset library: It was suggested that the council creates a photographic record of assets which are important to the town, including items such as the stone trough on Telegraph Street and certain trees and other visually striking elements.

Gritty opportunity: Warwickshire Highways department has given the town council the opportunity to request additional routes which should be gritted.

Blooming marvellous: Councillors congratulated Shipston in Bloom on the amazing daffodil displays throughout the town.

Tackling loneliness and isolation: The council's representative on Shipston Medical Centre's Patient Participation Group updated councillors on efforts by the health service to build a better understanding of ways to tackle loneliness and isolation.

Band success: Councillors congratulated Shipston Town Band on reaching national final of the Brass Band Championships which will take place in Cheltenham.

Unightly drainage: A resident has complained about the unattractive drainage system installed by Oldbutt Road. The council confirmed the site manager is looking into turfing the area and has suggested that shrubs be planted to hide the culverts.

Dying trees: A local resident pointed out that a number of the trees planted by Cala Homes to replace the hedges they removed have since died. The Town Clerk will raise this with the developer to request replacement trees.

Campaigning for Shipston:

Ridgeway open space: Council representatives recently met with law firm, Ladders, to discuss the implications for the council of taking on the Ridgeway open space from developers looking to build on part of the land. This is expected to be a detailed and complex issue and it will be important to keep track of all the queries along the way.

Planning: The town council is continuing to look at new ways to manage the number and complexity of planning applications which need to be reviewed by councillors.

Protecting the town boundary: Councillors voted to object to an extension on a property at Spring Hill, Stratford Road, as it would encroach existing agricultural land and cross the established town boundary as set out in the Neighbourhood Plan.

Town Council business:

Election packs: Election packs for those wishing to stand for election are now available from New Clark House. The deadline for completing and returning the forms to the Town Clerk is 26th March or they can be returned directly to the district council by 1st April. Those wishing to stand can choose to do so either in the Shipston North or South wards, regardless of where in Shipston they live. However, their nominations must come from people living in the ward they intend to represent.

Replacing equipment: The General Purposes Working Group will seek three quotes to replace the water bowser used by the town gardeners and Shipston in Bloom to water the town's borders and pots. The group will also look into whether hiring one would be more cost efficient.



Litter picking group still going strong eight years on

This year is the eighth anniversary of the Shipston Litter Picking group, which launched in March 2011 as part of the town council's 'Proud of My Town' campaign. Since then, the group has met monthly to give the town an extra tidy up, enhancing the cleansing work done by the town council's contractors on weekdays.

The core group is still going strong and meets on the first Saturday each month at New Clark House (subject to weather conditions), often joined by other residents all keen to help keep Shipston looking its best. Over the years the group has noticed a real reduction in litter and by enhancing the existing street cleaning services by the council contractors, they provide a valuable but often overlooked service to the town.

The group's organiser, Fay Ivens, said, "we are a friendly bunch and have met some lovely people during our litter picking mornings. Equipment and refreshments are provided and it is a fun and rewarding way to do something for the community. We welcome anyone who would like to come along and join us at our next litter pick on Saturday 6th April at 10am".



Calling all musical maestros – the Proms Fame Contest is open for entries

Entry is now open to musicians of all ages for this year's 2019 Shipston Proms Fame Contest and for the first time, entrants will be able to take home a recording of their music.

There are two categories, soloists/duos and bands. Last year 14 year old Chloe Lake Jones of North Leamington College won the soloist category and boys group The Fortunes from Stratford School won the band category.

The contest will be held at the Townsend Hall in Shipston on Sunday 23rd June. The winners will get to perform their music on an open-air stage in front of a packed audience on the legendary final night of the Proms on Saturday 29th June. The winners will rub shoulders with some stellar headliners including Oliver Darling and the Living Legends. Oliver Darling is from Brailes. This band has a fantastic line up of top session musicians who have played with the likes of Imelda May, Van Morrison, Jools Holland, Robert Plant and Jeff Beck as well as performing in their own right.

Now celebrating its 21st year the Fame Contest has showcased acts that have gone on to great acclaim, particularly English blues rock guitarist, singer, songwriter 26 year old Laurence Jones. He is signed to Ruf Records and has released four solo albums and won four British Blues Awards, including 'Young Artist of the Year' for three consecutive years.

All entrants will play two songs in front of a panel and their performance will be recorded by professional sound engineers Clearsound. To enter please visit www.shipstonproms.org or email shipstonproms@gmail.com

The appeal of meals on wheels

To support healthy, independent living, Warwickshire County Council is encouraging residents aged over 50, or adults with disabilities, to find out more about the county's meals on wheels service.

The service, which is delivered in Warwickshire by Apetito, provides hot meals directly to people's homes up to seven days a week, 365 days a year. The meals are tasty and nutritious and the home-delivery system means that Warwickshire's vulnerable residents are able to maintain independence in their own home for longer.

Apetito offers customers five main meal options per day with an optional soup course and a choice of hot or cold dessert, and can cater to dietary requirements including allergies, veganism and keeping kosher or halal.

Customers also benefit from wellbeing checks carried out by Apetito's delivery drivers, and many find the service to be an important source of social interaction.

The service ensures customers receive regular nutritionally balanced meals to their door, enabling them to stay in their own homes for longer.

Referral to the Apetito Meals on Wheels service is very easy - customers can simply self-refer either by telephone: 01926 889511 or e-mail warwickshire.office@apetito.co.uk To find out more visit <http://www.warwickshire.gov.uk/mealservice>



Calling all knitters – forget me not!



Shipston is set for another knitting extravaganza – this time to support awareness of Dementia.

The plan is to cover the town in knitted or crocheted forget-me-not flowers during Dementia Action Week from 20-26 May – the run up to the Wool Fair Weekend.

Forget-me-nots are quite small so Shipston's knitters are keen to get as many people involved as possible to generate a large volume of flowers. That way, the team can make a striking visual impact and get everyone thinking about dementia.

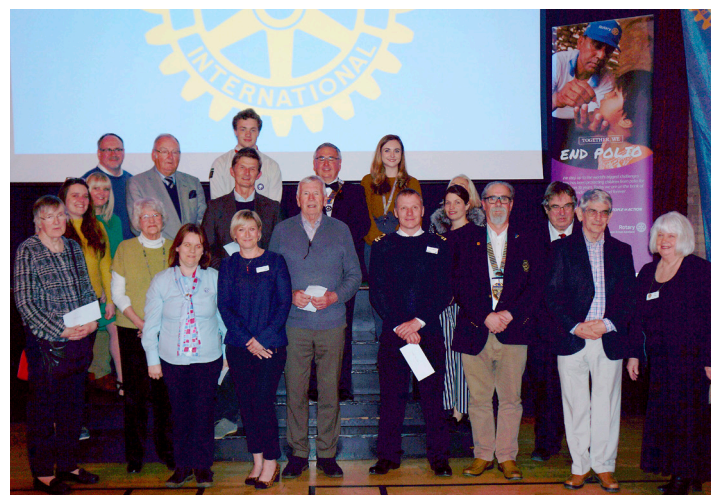
To find out more, contact the Town Clerk on 01608 662180.

Shipston Rotary Presentation Evening celebrates local fundraising

In keeping with the Rotary motto, "Service above Self", Rotarians give many hours of their time helping others, so that the lives of many can be improved both at home and overseas.



Some of that work was on show at the Rotary's recent presentation evening which gave its members the opportunity to give back to the local community. The results of their hard work during a Rotary year enabled the Club to present money to support many worthy causes. It also provided the opportunity to show the community how members achieved their goals and provided a wider vision of what it means to be a Rotarian.



Beneficiaries from Shipston Rotary at the Presentation Evening

Cheques were presented to a wide range of worthy causes by Rotarian Fay Ivens, from funds raised during her year as President, with the emphasis on supporting the local community. Each recipient had the opportunity to talk about their own cause and how the donations from Shipston Rotary has provided huge benefits for their dedicated work in that part of the community.

Distinguished guests joined Rotarians for the presentations, including the town's Mayor who spoke of his help for the youth of the town during his year of office and how he valued the support of Shipston Rotary towards achieving this. Rotary District 1060 Governor, Gary Dancer, spoke of his full support for the work that Shipston Rotary had achieved and was very encouraged by what he had seen during the evening.

Sing Joyfully – an afternoon concert on 14th April

Barcheston Church is to host a concert by Shipston's a cappella choir Cantamus in support of the church organ fund at 3pm on Sunday afternoon 14th April. Cantamus is directed by its founder, Richard Emms, and the music will be matched by witty and poignant readings chosen by Anne Hume. The programme starts in uplifting and joyful mode "With a Voice of Singing" and closes with a gentle Irish folk song. In between, audience members can enjoy music from across 5 centuries, from Byrd to the Beatles, via Cole Porter and celebrated contemporary composer, James MacMillan. Anne's readings, including poetry and prose, will complement the music and the setting perfectly.

The earliest surviving parts of St. Martin's Church date from the 12th century. The bell tower houses three bells, the first of which was cast in 1596, when several of the composers featured in the concert were writing music. The church also houses the elaborate 16th century alabaster tomb of William Willington.

Tickets cost £15 for the best seats, and £10 for seats with a semi-restricted view. For further information, contact the concert organiser, David Hodges – david@famington.co.uk
If you would like to know more about Cantamus, or even sing with the choir, contact Yvonne Ridley (secretary) on 01789 269587 or Richard Emms (director) on 01608 662163.

Shipston student triumphs at England Athletics Championships

Freddie Clemons (14 years old) won the England Under 15 60m hurdles championships in Sheffield on 24th February. His time of 8.52 puts him at number 1 in the national rankings.

Freddie is a lifelong Shipston boy and is in Year 9 at Shipston High School. He trains at Stratford-upon-Avon Athletics Club and was wearing spikes from Andrew Pozzi in his race, who also comes from Stratford AC and is the current World Indoor 60m hurdles champion!



Diabetes and how Lions are helping

Stour Valley Lions are playing their part in a nationwide effort to test and educate our communities in the need for diabetes-related preventive activities. For the past several years the Lions, in conjunction with Shipston Medical Centre, have sponsored a drop-in diabetes test facility at the Ellen Badger Hospital.

More recently, the Lions have funded and assisted in an initiative by Shipston Medical Centre in conducting a "Pre-

diabetes Education Event" at the High School. This involved a two-hour session with trained and accredited nurses together with presentations from a community dietician. Shipston Leisure Centre and Slimming World also participated to encourage a fitter future.

One hundred invitations were sent out to this event and sixty people attended which is very encouraging. Lions continue to invest in our community's health.

Happy's Circus is coming to town

Shipston Girlguiding has organised for a circus to come to town this summer for everyone in the community to enjoy.

Supported by international circus artists, Happy's Circus promises to be a fun-packed comedy show for all the family. The event takes place on Sunday 14th July at 3pm at Shipston Enterprise Centre (formerly the Sheldon Bosley Hub). Tickets cost £8 each.

Shipston Girlguiding is also seeking volunteers to help out at the event. There will also stalls available to hire.

To book tickets or find out more, email shipstoncircus@btinternet.com or call 07955 509474.



MONDAY

Citizens Advice: Mornings, New Clark House. To book call 01789 200136

Shipston Duplicate Bridge Club: 6.45pm for 7pm, Catholic Church Hall. Penny Law 663871

Shipston Baby & Toddler Group: Term time only. 9.30-11am, Scout Hut. Contact shipstontoddlers@gmail.com

Knitting & Crochet Club: 7-9pm at Low Furlong. Contact Julie Pardoe 07956 180989 or Facebook 'Shipston knitting and crochet group'.

Shipston Badminton Club: Townsend Hall, 7:30pm

TUESDAY

Yoga for all abilities: 9.30am-11am Catholic Church Hall. Contact Lee Figures 665995 / 07526 575969

Stroke Club: Fortnightly 10am-12pm The House of Bread Retreat at The Mill, Burmington

Rhyme time for under 2s: 10.45am Shipston Library. Free.

Age Concern Lunch Club at Stour Court. Stella 686224
Silver Surfer Computer Lessons, Shipston Library 2pm. Free. Booking essential. 0300 5558171

Lego Club for children aged 6+: 2nd and 4th Tuesdays, 3.30pm-4.30pm Shipston Library. Free. Children must be accompanied by an adult. Contact: Shipston Library 0300 555 8171

Bingo: Alternate Tuesdays. Doors open 6.30pm. Sheldon Bosley Hub. 661886

Shipston on Stour Rotarians: The White Bear, 7.30pm. Adrian Ramskill 07976 566525

Cantamus: 7.30-9.30pm, Catholic Parish Hall. Richard Emms 662163.

WEDNESDAY

Coffee at St Edmunds Church: 10.30am – 12pm.

U3A Chicago Bridge: Social Bridge 2pm-4.30pm, Catholic Church Hall, Roger Smith on 238400.

Stour Valley Probus: alternate Wednesdays at 10am, The George in Brailles. Roger Smith on 01608238400.

THURSDAY

Little Fishes: 9.45-11.15 am, Townsend Hall. Baby and toddler group run by Stour Valley Baptist Church. £2 per child. 50p siblings. (Term time)

Shipston Stitchers: alternate Thursdays 10am 3pm Catholic Church. Contact Kath Cheshire on 663486.

Active Memory Group: 3rd Thursday, 10am - 12noon. Contact Alyson Spence 01608 661703 or 07725 892087

Story Stomp: Shipston Library, 11.30-12pm. FREE For children aged 2-4.

Age Concern Lunch Club: Alternate Thursdays. Gill Roach on 01295 680309 or Pauline Carr on 01386 700703

Safer Neighbourhood Team: Fortnightly. Public surgery, 2.30pm to 3pm. New Clark House.

U3A Table Tennis. Thursdays 2pm - 3pm at the Townsend Hall. (five tables) See Shipston U3A website or contact Dave 07973 256198

The Thursday Club: 2pm-4pm, Shipston Library. Free weekly drop-in session for adults. Board games, puzzles, colouring, crafts. Tea/biscuits.

Stour Singers - Choral Society: 7.30 - 9.30pm Primary School Hall. Yvonne Ridley 01789 269587.

Shipston Badminton Club: Townsend Hall, 7:30pm

Shipston Archers: Outdoor shooting at Brailles Village Hall on Thursday evenings, from 6pm until 8pm. Contact 07795 632718 or 01608 664646.

FRIDAY

Walks with a friendly group. Old Mill car park at 10am. Contact: Marlene, 663616

Shipston Probud: alternate Fridays. Shipston Sports Club, Contact Nick 01608 662928

Age Concern Lunch Club at Stour Court. Call June on

684218

Sit and get Fit: (formerly called Exercise for the Elderly). Catholic Church, Darlingscote Road, Shipston, 10.30am - 12-30pm. Alternate Fridays. Contact Ann Smith 01608 238400

Knitting & Crochet Club: 2-5pm, Rainbow Fields. Contact Julie Pardoe 07956 180989

Bingo Night at Rainbow Fields: Doors open 6.30pm. Contact Ruth Keyte 661382

SATURDAY

Chatterbooks: 10.30am – 12pm, Shipston Library. Free monthly drop-in session. Suitable for ages 6-11. Typically second Saturday but please enquire.

Shipston Archers: Brailles Village Hall, 1pm till dark, weather permitting. Beginners welcome. Contact 07795 632718 or 664646

April Diary

1 **Stour Valley Visually Impaired Group:** Hill Farming Areas and Changes by John Llewellyn. Contact: Shirley Pilkington 662684

3 **Shipston Widows:** Local lunch. 12pm. Contact: Barbara Bean 663230

Stratford Time Bank's Shipston Social Meeting: 1.30pm-3pm, Community Room at Stour Court. Everyone welcome

Shipston-on-Stour Women's Institute: Hair - Transforming the lives of Ladies who need to wear a wig. Speaker: Baz Oldershaw. 7pm, Catholic Church Hall, Darlingscote Road. Contact: Jane Hanks 664519

4 **U3A Pavillionaires:** Jazz Afternoon celebrating Count Bassie and The Blues. 2.30-4.30pm Brailles Village Hall. £5 including tea/coffee. Contact Paul 07938 799802/pjdowler@mail.com

5 **Shipston U3A Open Day** -See ad on page 7

6 **Shipston Town Council Monthly Litter Pick:** All welcome. Meet at New Clark House, West Street at 10am. Equipment and refreshments provided. Contact: Fay Ivens 662133 or fayivens@aol.com

8 **Shipston Town Council Monthly Meeting:** 7pm, New Clark House. All welcome. Contact: Georgina Beaumont 662180

Stour Valley Lions Monthly Business Meeting: 7.30pm, The White Bear Function Room, Shipston. Visitors welcome. Contact Lion President Fran Stary, 07903 661881, zoneD@lions105m.org.uk

9 **Shipston Town Council: Annual Town Meeting.** 7pm, Townsend Hall. See ad on page 19

9

Shipston Flower Club: Sharon Badger - Spring Celebration. 7.30pm, Shipston Primary School. New members or visitors are welcome. Contact Elizabeth James 01789 450359 or Kathy Little 01608 664882 for more information.

10 **Shipston and District Gardening Club:** Pests and Disease of Vegetables by Roger Umpleby. 7.30pm, Catholic Church Hall, Darlingscote Road, Shipston. Further details from the secretary Tony Mitchell, tel. 01608 666933

12 **Rural Cinema: The Wife** - see ad on page 9

Shipston Music Society - see ad on page 10

13 **Shout Concert at St Edmund's.** 7.30pm. See ad on page 16

14 **Shipston Home Nursing: 10K Run or Walk.** Walton Hall. See ad on page 9
Cantamus: Sing Joyfully. 3pm, Barcheston Church in support of the church organ fund at 3pm. Tickets £15 or £10 for seats with a semi-restricted view. Contact David Hodges at david@famington.co.uk. See article on page 5

15-18 **Hi-5 Day Camps: Sports, Arts & Crafts for Children.** See ad on page 9

15 **Stour Valley Visually Impaired Group:** The Gambia by Shirley Cherry. Contact: Shirley Pilkington 662684

17 **Shipston Widows:** Join us for a friendly and informal get-together. 10.30am - 12pm, Coach & Horses. For further information, contact Barbara Bean on 663230

Shipston Proms Meeting: 7.30pm every third Wednesday, White Bear. New members welcome. Email: shipstonproms@gmail.com

Singing Down Memory Lane: Reminiscence

Songs for people with memory problems. 2pm -3.30pm at Stour Court Community Lounge, Old Road. Refreshments provided. Contact: Barbara Smith 01608 662433 or David Hollingsworth 07970 125566

Royal British Legion – Social: A social gathering of serving and ex-service members of HM Armed Forces at 1930 hrs in the White Bear. If you miss the comradeship and friendly banter of your service days, do come and take part. Open to all members, current and ex-service personnel and anyone interested in joining the RBL. Contact Alex Black 01608 664743

23 **Shipston U3A:** See ad on page 10
Planning Meeting: Shipston Town Council-Monthly meeting of the Planning Working Group: 7pm, New Clark House. All welcome. Contact Georgina Beaumont 662180.

24 **Shipston and District Literary Society:** Noel Coward: A talent to amuse by David Howe 7.30pm, The White Bear. Members £15pa, Non-members: £4. All welcome. Contact Helen Marshall, 01789 740773

25 **Quaker Meeting for Worship:** 2.30-3pm in St Edmund's Church, followed by a cuppa. Most fourth Thursdays. Contact 01608 661372 or 01608 238298. All are welcome. You do not have to be a Quaker to attend

27-28 **Shipston Beekeepers: Introduction to Beekeeping.** See article on page 13

28 **Shipston Town Council: Annual Civic Service.** 3pm St Edmund's. See ad on page 10

29 **Stour Valley Visually Impaired Group:** T B A. Contact: Shirley Pilkington 662684

Why I go to Shipston Youth Club – by Lily Clemons

I've been attending the Youth Club for a few years now and I am still really enjoying it. Time out of the weekly grind to kick back, socialise and have fun. There's so much to do! No danger of being bored. Youth Club is beneficial to me as it helps to widen my contacts – we meet young people and adults all of whom are different.

The Shipston Youth Club workers are fantastic – so much energy and enthusiasm. Always ready to help, guide and advise, with a friendly face and a listening ear – we know that we will never be judged on what is discussed, no matter how small the problem may be.

Guests are often invited to show off their skills, for example a lady comes in to knit. Shows members what to do, teaches and has an unbelievable amount of patience as the wool falls off the needles for the 50th time – not joking. The people from the community who come in, bridge the generation gap. The young will listen to their elders, which allows them to show a lot of consideration and respect, and the older generation can see that teens are not all as portrayed in the media.

Youth club is self-funding so members are invited to think of fundraising ideas, some are very out there – but still fun to hear. A car wash in the summer can be a good choice; bring your parents, grandparents, next door neighbours – chuck in a cake and you'll be inundated. Money raised is ploughed back into the club for essentials. The biggest event is XFEST, a day of activities for children/adolescents, which is completely free! XFEST allows everyone to take part in the activities, some of which some children may otherwise never have the chance to experience.

The youth club encourages teens to think for themselves, overcome challenges while increasing their confidence, shapes their personal and interpersonal skills and inspires a 'have a go' attitude. It even gets you out of the house from under your mum's feet – what's not to like? Rated out of 10? An 11.

All youth clubs need good leaders-who knows one day you may even become one yourself.... I can recommend a fab youth club.



X-fest is back

Run every 2nd year, XFest 2019 will be the Youth Club's fifth festival. Taking place on Saturday 15th June, the event is free to attend and relies entirely on donations and grants to take place.

Providing activities and events for Shipston's young people is vital and the Youth Club Committee is keen to ensure today's young people feel as much a part of Shipston as us older folks do! The XFest is one way of giving something to young people and their families, and promoting the activities available at the club.

The club is seeking donations to help fund X-Fest 2019. To donate, visit www.justgiving.com/crowdfunding/xfest2019



Big Weekend
Come and try Archery!

Perfect activity for the whole family
All equipment provided
No experience required

Join in and bring your friends and family

Name: Shipston Archers
Date: 18th May 2019
Location: Brailes Village Hall
Times: 10.00am until 4.00pm
Contact: David Phone: 07795 632718
E-mail: dgrb@rocketmail.com
Website:
Notes:

www.archerygb.org/bigweekend
Archery GB @archerygb

SHIPSTON-ON-STOUR AREA U3A
U3A
THE UNIVERSITY OF THE THIRD AGE

JOIN IN THE FUN

OPEN DAY & MEMBERSHIP RENEWAL
FRIDAY
5 APRIL 2019
TOWNSEND HALL
Sheep Street
SHIPSTON ON STOUR
10.30 TO 3
FREE REFRESHMENTS
See you there!

☺ FIND A NEW INTEREST!
☺ 35+ INTEREST GROUPS!
☺ 370+ MEMBERS & GROWING!

LEARN, LAUGH, LIVE

Shipston's Calendar – key dates for your diary

Shipston hosts an impressive array of events throughout the year and 2019 is no exception.

Spring

Key dates in the Shipston calendar for the rest of this year begin with the **Annual Town Meeting** on 9th April that will include the presentation of this year's Shipston Award. On 28th April residents and visitors are invited to join a celebration of Shipston's community at the **Annual Civic Service** in St Edmund's, with a particular focus on the town's younger generation.

In May, the 11th annual Wool Fair will take place on the Spring Bank Holiday Monday. Over the years the Wool Fair has expanded to include a number of other events and this year includes a **Flower Festival** in St Edmund's Church, featuring a display of wedding dresses from Victorian to Modern Day. On Saturday 25th May Sheep Street will be transformed into an **Arts & Crafts Street Market**. Talented local artists will be selling their wares and there will be children's entertainment and busking musicians on hand to keep all the family amused. **The Wool Fair** itself on Monday 27th May begins at 10am in the square, featuring all the usual woolly activities including the Woolly Marquee, rare breed sheep on display and the ever-popular sheep shearing demonstrations.



Summer

As we move into Summer, we have the **21st Shipston Proms** launching on Friday 14th June with internationally renowned Michael Jackson tribute sensation, David Boakes, on stage at the Townsend Hall. A huge number of musical events ranging from classical and opera to a DJ Set and Dance Party will be taking place over the following two weeks in Shipston and the surrounding villages, including some new venues that will be hosting Proms events for the very first time. The Final Night on Saturday 29th June features 90s tribute band Britpop Boys and our own local blues success story, Oliver Darling and the Living Legends.

In July the **Fish N Frolics** fishing event is due to make a comeback. The event takes place from 26-28th July and includes an angling competition and live music. All that's needed is good weather!

The green-fingered and baking enthusiasts of the town will get their chance to shine on Sunday 18th August when the annual **Flower and Produce Show** takes place in the Townsend Hall. There will prizes for all manner of vegetables, fruit, jams, chutneys, cakes, bread and even a scarecrow competition. Look out for details of the sunflower competition so you can get yours growing in plenty of time!

Autumn and Winter

As we move into the latter part of the year, November 10th sees the annual **Remembrance Day Parade** in the High Street when the Shipston Branch of the Royal British Legion and representatives from local councils, emergency services, Shipston High School and local youth and community groups all march to St Edmund's for the **Remembrance Service**.

Rounding off the year will be the **Victorian Evening** on Friday 6th December, a chance to steel a march on your Christmas shopping and support the town's local crafts people, community groups and charities. Now in its 22nd year, it is a much-loved and traditional way to bring the Shipston calendar to a close.



Hi-5 DAY CAMPS



Book now for Easter!

Monday 15th - Thursday 18th April

Shipston Primary School
Station Road, Shipston-on-Stour, CV36 4BT

- Time & Cost: 9am to 4pm, £14 a day
- Activities available: Sports, Arts & Crafts
- Who can attend: Children aged 5 to 11 years
- Booking is required
- Book online: www.stratford.gov.uk/Hi5
- Book via phone: 01789 260643
- Further details at: www.stratford.gov.uk/Hi5



StratfordDC @StratfordDC

SDO1011/FEB19



10K RUN OR WALK AT WALTON HALL

Sunday 14th April 2019
Registration from 8.45, 10am start
Walton Hall, Wellesbourne, CV35 9HU
£15 Adult or £16 on the day, £5 Child
Medal and Hot dog included

Online entry closes Thursday 11th April at 6pm

By kind permission of Sir Andrew Hamilton and Walton Hall. The course is designed for all abilities. Why not bring a few friends from work and run as a team?

Dogs welcome but on a lead please.

See our website for more details and download a sponsor form


For more information please call Gilda Gardner on 01789 740083 or 07970 177951 or Rebecca Mawle on 01608 674929

Many thanks to our event sponsors
Hutsby Farms, G Hutsby & Sons and




Registered Charity: 1162366

STOUR VALLEY LION'S CINEMA



The Wife

Behind any great man there is a great woman and you are about to meet her. A devoted wife of 40 years sacrificed her own talent, dreams and ambitions for her husband's literary career.

SHIPSTON HIGH SCHOOL,
FRIDAY 12th April, 2019 at 7.00pm
Advance Tickets £3.50 or £4 on the door.
From: A. Clarke Electrical, 27 High Street, Shipston On Stour.
Lion Judith Jackson. Tel: 01608 661148
Interval for refreshments, drinks and snacks.
Disabled toilet and wheelchair access.



Shipston Town Council Annual Town Meeting

All residents are invited to attend the

**Annual Town Meeting
on 9th April 2019 at 7pm**

NEW VENUE: Townsend Hall.

The Shipston Award will be presented at the meeting.

All welcome

For more information, contact the town clerk on 01608 662180 or clerk@shipstononline.org

scan

**SENIOR CITIZENS
ACTION NETWORK**



**NATIONAL
LOTTERY FUNDED**

SHIPSTON ON STOUR and surrounding communities

Tuesday 14th May 2019

Townsend Hall, Sheep Street, Shipston on Stour

10.00am for free refreshments

10.30am meeting start

Latest on the Ellen Badger

*from Sophie Gilkes, Acting Director
of Development (South Warwickshire
NHS Foundation Trust)*

**Update on progress towards
the new Medical Centre from
Rachel Vial Practice Manager**

We have a PA system in place for those who are hard of hearing

Shipston Town Council Annual Civic Service

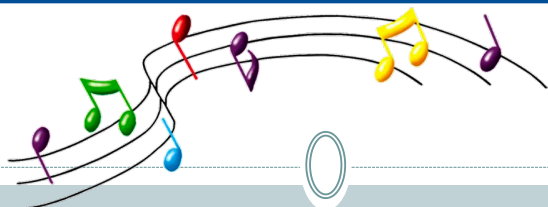


Residents and visitors are invited
to join a celebration of Shipston's
community, with a particular focus on
the town's younger generation.

at
St Edmund's Church

3pm, 28th April 2019

All welcome. For further information,
please contact the Town Clerk on
clerk@shipstononline.org or
01608 662180



Shipston Music Society

www.shipstonmusic.org.uk

**Come to Spain with
CHARLES MATTHEWS!
An evening of music on a
Spanish theme**



**The Methodist Church
New Street, Shipston on Stour
Friday 12th April 2019 7.30pm**

**Guests £8.00 – Students £3.00
Accompanied Children free
New Members always welcome
More information: 01608 662514**

Registered Charity No: 1146459 (England)



Registered Charity No 1170969
Learn, Laugh, Live

**TUESDAY, 23 APRIL, 2019
2 pm TOWNSEND HALL**



HOW I BECAME A TOWN CRIER

**Shipston on Stour's own Town Crier,
Marion Lowe, invites you to join her in
celebrating the rich heritage of this popular
and colourful tradition.**

**Visitors are welcome
Entry including refreshments £2**

Shipston Primary School



Marathon kids

Shipston Primary School is unlocking our children's potential with Marathon Kids by enjoying all the benefits of physical activity through running on a regular basis. Marathon Kids aims to give school children the opportunity to complete a marathon (26 miles or 42.2km) throughout the course of the school year by running laps of a course once or twice a week at playtimes and lunchtimes. The concept is based on personal achievement rather than competition - this encourages all children from Reception to Year 6, regardless of fitness ability, to take part by running as much or as little as they choose.

Our Year 5 Marathon Kids Ambassadors support the programme by handing out elastic bands, recording the number of laps and passing the information onto Miss Mann, who enters the information into our digital tracking system which converts laps into distance. Certificates are presented in Achievement Assembly when children have reached 10km, 20km, 30km and a full marathon.



We have recently presented medals to our first boy and girl to complete a marathon. Congratulations to Edward in Year 6 and Sophie in Year 2, who have both targeted triple marathons this year. Since then, five more children in Key Stage 2 have completed their first marathon.

Prefect Award

Our Year 6 prefects are allowed to each nominate one adult in school for a Prefect Award. The latest nomination was for caretaker, Mr. Cornock, who was nominated by Kieran: "I nominate Mr.

Cornock for a Prefect Award because every day of the school year he works from early in the morning to late in the evening to ensure that when children come to school the next morning they are learning in a safe, hygienic environment. For instance, when it snowed he was at school at 5am to put grit on the snow to melt it. He gives up lots of his time to make us safe, which is why I want to nominate him for a Prefect Award."



World Book Day

Like many schools in over 100 countries, we celebrated World Book Day on Thursday 7th March. Many children and staff chose to come to school dressed in some amazing costumes inspired by their favourite books and characters. Popular choices included Harry Potter characters, Willy Wonka, Oopma Loompa and Fantastic Mr. Fox from Roald Dahl books, Paddington Bear, Where's Wally? and Billionaire Boy.



Admissions

Although we are full in some year groups, there are a few spaces available in our school. It is also likely that we will have places available for children to start school in September 2019. Please contact Warwickshire Admissions to apply for a place - <https://www.warwickshire.gov.uk/applyforschool>. Families living outside Warwickshire (e.g. Gloucestershire and Oxfordshire) can also apply for a place. Contact us on 01608 661266 to make an appointment to see the school.

Shipston High School By Gavin Saunders, Headteacher



Students in year 11 at Shipston High School are approaching their final GCSE examinations which will begin in May. With Easter falling a little later this year, exams start very soon after the resumption of term and students have been working hard to ensure they are exam ready before the holiday. Over the Easter break I trust that they will balance a well deserved rest with continued revision and preparation. We all look forward to a successful exam period.

Many local families with children currently in year six will be looking forward to the autumn as they will have recently found out which secondary school their child will attend in September. This is always an exciting time, and we at the school share that excitement. We have been delighted to receive a huge number of applications for this year as the reputation and popularity of the school continues to grow.

There are 120 places allocated for year 7 in September, and the year group is already full, with a waiting list. I am delighted that the school attracts such high levels of interest from across South Warwickshire. The school is consistently successful and our reputation is rightly attracting families to join the thriving school community.

All of us at Shipston High School look forward to welcoming our new pupils to induction activities in the summer, and of course in September. I am sure that they will quickly feel at home in the school. They will find Shipston High to be a place that prioritises learning and encourages and celebrates success. Our school

values of learning, respect, ambition and achievement continue to drive us, and we look forward to developing those values with our new students.

Students and staff were recently involved with World Book Day. This is always a great day in school, with everyone sharing their favourite books. Many people opt to dress up as famous characters and literary figures in impressively imaginative fashion, creating a real sense of celebration around the school.

The importance and enjoyment of reading for pleasure is universal and truly valuable, and it is wonderful to see so many people sharing their reading

passions. Our school library offers a broad selection of books that students can borrow for free. Whilst young people have access to many forms of entertainment, it is good to see that the pleasures of a good book are still sought and valued by our students. I thank everyone involved in making the book day activities such a success.



Shipston-on-Stour Cricket Club

Shipston-on-Stour Cricket Club has begun preparations for its upcoming season and is pleased to offer a variety of cricket for local residents to enjoy. There are two senior sides playing in the Cotswold Hills League on a Saturday and a further senior side playing a series of friendly matches, against local opposition, on Sundays throughout the summer.

New players of any ability are always welcome at the club and our winter nets are beginning soon. They will run on Wednesday evenings at Kineton High School, 6.30-8.00pm, starting 13th March and finishing on 3rd April. The club is also continuing to run the successful AllStars junior cricket session this summer, for children aged 5-8. These will run on Friday evenings throughout the summer and you can pre-register your interest in this course by following this link <https://www.ecb.co.uk/play/all-stars/register-interest-for-2019>

As well as the AllStars programme, the club will be running a further three junior sides, with two under 11 teams and an under 13 team. If you are interested in registering your child for any of the junior teams, please contact our Head of Junior Section, Steve Gainsley on 07435 975312. The Club is also planning a cycling event to raise money for the club and the Lord's Taverners charity, the UK's leading youth cricket and disabled sports charity. A team of cricket club members will cycle between all the test playing venues for the upcoming Ashes series against Australia, finishing at The Oval in London during the final test of the series.

Please visit the club website and our various social media pages for more information.

New venue for Bingo evenings

Following the changes at the Sheldon Bosley Hub, the fortnightly Bingo evenings organised by Keith Clarke will instead be held at Rainbow Fields. Starting on April 2nd followed by April 16th and 30th, the evenings will continue fortnightly until further notice. Money raised goes to local charities and good causes for the benefit of Shipston and the local area.

Shipston Music Society

There was a large audience for the beginning of the 2019 season with a concert by MJ-UK (Maria Jagusz and friends). Maria has had an international career as an opera singer and still performs regularly. She runs MJ-UK Music and Arts which gives performing opportunities to children and young adults. Four members of the group joined Maria on this occasion which explored the music of Ivor Novello and some of his contemporaries. After Maria's opening aria the four young sopranos (Hayley Capp, April Perrott, Megan Strachan and Gilly Wells) each sang and we realised that the evening would be special. They performed with assurance; their high notes seemed effortless, the intonation was always accurate and the interpretation of each song was conveyed, not only through the voice, but also with appropriate facial expression.

With such an abundance of talent one should not mention individual performances but two items provided a complete contrast; an unaccompanied Welsh folk song sung beautifully by Megan and "Can't help loving that man" in which Hayley showed her versatility by slipping effortlessly from opera into the necessary jazz idiom.

The accompanist, Barrie Cooper, plays regularly for MJ-UK and is much sought after in the Gloucestershire area. His skill on the keyboard and ability to provide the right level of support for the singers added to the excellent performances throughout the evening.

Shipston cycling club – open day

Have you ever considered joining a friendly cycling club but not sure if it is the right one for you? Well, why not come along to our Open Day on Saturday 18th May at the Function Room to the rear of The White Bear, Shipston on Stour between 10am and 2pm.

The club was founded about 7 years ago and enjoys a membership consisting of men and women of varying abilities from the keen cyclist to those new to the sport of road cycling. We offer fully qualified ride leaders and highly experienced riders who can offer advice on all aspects of cycling. Although we are not a racing club members participate in many challenges including Ride London 100 miles, Ride Across Britain and Raid Pyrenean, but we have many leisure members too who ride purely for pleasure and the social aspect.

At the Open Day, Shipston Cycling Club members will be on hand to talk about the club's events and activities set to take place throughout the year, including various Sportives and holidays, as well as the type of weekly rides we can offer. There will also be a chance to try out a turbo trainer and to learn about basic bike maintenance.

For more information visit the website www.shipstoncycling.co.uk or call Andy Smith 07964 868246

Quaker meetings for Worship

Quaker Meetings for Worship take place most fourth Thursdays in the month at 2.30pm in St Edmund's Church, followed by a cuppa. All are welcome - you do not have to be a Quaker to attend. Contact 01608 661372 or 01608 238298 for details.

Norgren Bowls Club Fixtures

19th April - Greens Open 6pm
27th April - Home vs Snitterfield KDL 2.30pm
30th April - Home vs Ilmington KDL 6.15pm

Townsend Hall 150 Club Draw

The March 100 club draw winners are:

| | |
|----------------|-----|
| Member no. 116 | £15 |
| Member no. 104 | £10 |
| Member no. 7 | £5 |

Congratulations!



Shipston Beekeepers

New training for would-be beekeepers

A new 'Introduction to Beekeeping' course is being held on 27th April 2019 (09:30 - 16:00) and 28th April 2019 (10:30 - 14:30) at Village Hall, Brailes, OX15 5AS.

Led by an experienced Beekeeper, the weekend course will give you an insight into and hands on experience of, the world of the honey bee and the role of the beekeeper.

Day 1 (classroom, Brailes Village Hall) will cover how a honey bee colony works, the beekeeping year, essential equipment, harvesting your honey & wax and how to get started with your own bees.

Day 2 (apiary, Upper Brailes) will include siting an apiary, assembling hive parts, apiary safety, inspecting a honey bee colony (weather permitting).

Cost:- £55 (Couples £90). Light lunch and refreshments included. Bee suits will be provided.

To enrol, visit: www.sbka.org.uk/training/ or for more details, email secretary@sbka.org.uk

U3A

Milestones - Finding The Way

The Townsend Hall was packed for an illustrated presentation by Mike Buxton and Robert Coldicott.



In 1555 Shipston and the country in general had very poor roads and goods were moved mainly by packhorses. Each parish had sketchy responsibility for road maintenance. The 1706 Turnpike Act led to an improved situation but with tolls for travellers.

By 1729 we had a Stratford-upon-Avon to Shipston-on-Stour to Hockcliffe turnpike road in operation and we still see the evidence of toll houses as we approach the town. There is evidence that Sir George Philips became incensed at seeing more local "hoi polloi" on the popular turnpike from his mansion windows and ordered the immediate diversion of the improved road into the valley to remove it from his sight, without needing planning approval.

With ever more movement, came the need for directions and simple milestones. These worked well to direct people on horseback or simple carts as they bumped over the potholes from village to village. (No adverse comments please). Around 1845 some cast iron, 8 feet tall mileposts were installed between Long Compton and Newbold. Six have survived to this day, having been recently restored by Lottery Funds and carefully re-installed along the main road as far as possible in their original positions. In Shipston we have a milepost ironically directly opposite the computer shop to combine past and present. By the mid-19th Century the journey of 125 miles from Marble Arch in London to Henley-in-Arden took 12 hours at an average speed of 11mph!

A Badger's Eye View by Bryan Stoten

Last month the League's Board were discussing how to strengthen the Ellen Badger as more than just an inpatient service. In our "affluent" county a quarter of our schoolchildren eat no breakfast, overall measures of health and life expectancy show Warwickshire as only marginally better than the UK average while in national measures of "happiness" the county comes 128/142 across England. Why, I wonder?

Fifteen years ago a study on funding the NHS identified that a "fully engaged" population - where life expectancy was 81.6 years for men and 85.5 years for women - would by 2023 require 2% less of GDP. That is a lot of money!

In practice, current life expectancy is 79.2% for men and 82.9% for women, and the "fully engaged" future remains a long way off. But the good news is that we do now know what makes a difference: fewer smokers (and we have achieved that), more exercise, better diets, responsible drinking and safer, healthier environments. A lot of that depends on better, available, health information, taxes to encourage better health choices and positive health offers such as exercise on prescription, nutrition "coaching" - see Weight Watchers - and peer support such as Shipston's visual impairment group, dementia cafes and diabetes UK support services.

We think we can put the 'Badger' at the heart of those developments, and suggestions from all who use and know the 'Badger' would be really welcome - we want to get as many ideas as possible. Please contact me, Bryan Stoten, Chair, The League of Friends of Shipston Hospitals, The Ellen Badger Hospital, CV36 4AX.

Shipston Town Band excel in two contests

After a number of weeks of intensive rehearsals, the band travelled to Marlborough School in Woodstock for the ODBBA winter contest where they competed against 10 other bands. All the bands chose to play the Area Test Piece Stantonbury Festival Overture by Ray Steadman Allen. Drawn number one, the band gave an excellent performance which drew praise from adjudicator Phillip Littlemore for both the band and conductor, Howard Gibbs. The band was awarded first prize and Darran Wheeler on Flugel Horn was awarded the outstanding Soloist award. This achievement was made even more special by the fact that a motion sensor in the hall switched off all the lights as the band was approaching the climax of the final movement. Unperturbed the band played on and the lights were reactivated for the final chord.

Building on that success, the band, under their conductor Howard Gibbs, travelled to Kenilworth for the Midland Area Brass Band Championships. Following an excellent performance the band was placed third out of the 21 competing bands. The adjudicators complimented the band on their excellent tuneful sound and the attention to detail in their performance. This qualified the band to compete in the National Finals in September at Cheltenham.

This is the first time for six years that the band has qualified and it is a great honour and opportunity to compete at such a prestigious event.



Easter Services

St Edmund's

Sunday 14th April (Palm Sunday)

10am Eucharist

6pm Palm Sunday reflective service

Thursday 18th April

7.30pm Maundy Thursday Eucharist and vigil

Friday 19th April

10am Walk of Witness with Churches Together in Shipston

10.45am Good Friday Service and Craft Activities for all Ages

Saturday 20th April

8.30pm Vigil service At Tidmington Church

Easter Day (21st)

10am Easter Celebrate! Eucharist for all ages.

Methodist Church

Maundy Thursday 18th April

7pm Communion Service

Good Friday 19th April

Walk of Witness **10am** Meet at the Catholic Church followed by **10.45am** United Service at St. Edmunds Church

Easter Day 21st April

11am Celebration Service

Stour Valley Baptist Church

Easter Sunday:

all are welcome to our Easter Service at **10.30am**
at the High School

Our Lady and the Apostles (Shipston & Brailes)

Maundy Thursday 18th April

Mass of the Lord's Supper **7.30pm** (Shipston)

Good Friday

Celebration of the Lord's Passion **3pm** (Shipston)

Stations of the Cross (for those unable to attend the 3pm celebration) **7.00pm** Brailes

Easter Vigil

(First Mass of Easter) Shipston 8.00pm

Easter Sunday Mass

Shipston 9am

Brailes 11am

Shipston Medical Centre

Medical Centre – t: 01608 661845

NHS Apps

Apps on our phones and tablets are now so common that we can use them to do many things from turning on the heating to catching up on our favorite telly programmes. So why not also use apps to support your health and wellbeing?

The NHS now offers an app library, at <https://www.nhs.uk/apps-library/>, to help provide health information and tools of all kinds to support health. We have highlighted a selection of apps that may be of interest, but it is worth having a browse in the library as these are only a select few!

Health Help Now <https://www.nhs.uk/apps-library/health-help-now/> is designed to assist you in identifying the best place to get the help you need. It also offers information about common symptoms and offers suggestions for treatment.

iPrescribe exercise <https://www.nhs.uk/apps-library/iprescribe-exercise/> offers personalised exercise programmes to support us all in moving a little more. Most of us are never going to be amazing athletes, but by moving a little bit more we can all gain health benefits, such as lowering blood pressure and reducing our risk of long term conditions. iPrescribe exercise supports the user in taking a short walking test to assess current fitness levels and builds a programme supporting you to progress at a rate that suits you.

Baby and Child First Aid <https://www.nhs.uk/apps-library/baby-and-child-first-aid/> gives information about what to do in a variety of situations where first aid might be needed. It also has quizzes to help test your knowledge!

Big White Wall <https://www.nhs.uk/apps-library/big-white-wall/> is a

fantastic resource for those who suffer with anxiety, stress or who are generally feeling a bit low. As you remain anonymous this is a safe space in which to explore your feelings and find strategies to help manage your mental health. You can take online courses, including support to stop smoking or to improve sleep, and even access counselling. Big White Wall is free for those with a Warwickshire postcode.



Shipston Medical Centre

Your Town Councillors


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Finance Group Chair

t: 01608 663785

e: ian.cooper@shipstontowncouncil.org


Dan Scobie, Deputy Mayor

t: 07771 772511

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Ronnie Murphy
Planning Group Chair

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Peter White
Communications Group Chair

t: 07792 507168

e: peter.white@shipstontowncouncil.org

Useful Contacts

| | |
|---|-------------------------------------|
| Community Links Transport | 01789 264491 |
| Shipston Library: | 0300 5558171 |
| - 24/7 renewal line | 01926 499273 |
| Highways customer services | 01926 412515 |
| Severn Trent Emergency Line: | 0800 7834444 |
| Shipston Volunteer Transport Scheme | 01608 663122 |
| Shipston Leisure Centre | 01608 662354 |
| Shipston Medical Centre | 01608 661845 |
| - Out of hours | 111 |
| Shipston Forum | 01608 495955 |
| Shipston Recycling Centre | 01926 412593 |
| Stratford District Council | 01789 267575 |
| Townsend Hall | 07514 704057 |
| Warwickshire County Council | 01926 410410 |
| UCHW Hospital | 024 7696 4000 |
| Warwick Hospital | 01926 495321 |
| Local police (non emergency) | 101 |
| Shipston Police Safer Neighbourhood Team: | 01789 444670 |
| | shipston.snt@warwickshire.police.uk |
| Churches of Shipston: | |
| Stour Valley Baptist | 01608 664876 |
| Our Lady & St Michael | 01608 685259 |
| St Edmund's | 01608 661210 |
| Methodist Church | 01608 642256 |

Shipston-on-Stour Town Council

New Clark House, West Street, Shipston-on-Stour, CV36 4HD

Georgina Beaumont, Town Clerk

t: 01608 662180 e: clerk@shipstononline.org

County Council Contact:
Councillor Jo Barker

t: 07748968712 e: jobarker@warwickshire.gov.uk

District Council Contacts:
Councillor Jo Barker (Shipston South)

t: 07748968712

e: jo.barker@stratford-dc.gov.uk

Councillor Chris Saint (Shipston North)

t: 01608 664048

e: chris.saint@stratford-dc.gov.uk



Something exciting to share?

If you have a story that's relevant to Shipston residents, please contact the editor, Catherine Martin, on 01608 495955 or email: forum@shipstononline.org

To request posts on the council's Facebook and Twitter feeds, contact Peter White or Dan Scobie (details above)

Forum copy deadline:
First Wednesday of the month

- but the sooner you can notify the editor of a potential story the better.

Copies are available to read at the Library, New Clark House and the Medical Centre.

The Shipston Forum is produced monthly by the Town Council to support the community and is distributed to all households. If you don't receive a copy, please contact the Town Clerk. The Forum can also be downloaded from www.shipstononline.org

While every effort is made to ensure information is accurate, the Town Council and its contractors do not accept responsibility for material submitted by readers or third parties and does not endorse any organisation or event publicised. Contributions may be edited to fit available space.

Live Music .. Live Music .. Live Music

SHOUT

RHYTHM & BLUES CHOIR

Saturday April 13th
St. Edmunds Church
Doors Open 7pm for 7:30pm Start

£7.50 in advance
£8.50 on the door

Tickets Available from
Ivy Heart, 3 Market Place, Shipston

X-FEST
X-Fest 2019
June 15th
Shipston High School

This is a fund raising event to support X-Fest 2019
X-Fest is a free family fun day, run by Shipston Youth Club & Stour Valley Baptists, for the benefit of the local Shipston community featuring activities, music, food and loads of F.U.N.

Find us on:
facebook. Xfest Shipston 2019



St. Edmund's Church
Shipston on Stour

FLOWER FESTIVAL

With display of Wedding Dresses
from Victorian to Modern
25th, 26th & 27th May
Coffee & Tea
Donations will go to improve
Facilities in the Church

SUPPORTING SHIPSTON COMMUNITY

TOTALLY LOCALLY SHIPSTON

• STREET MARKET •

Arts & STREET CRAFTS

ARTISTS • CRAFTS • UPCYCLED GOODS • VINTAGE AND RETRO
HANDMADE • CERAMICS • TEXTILES • BUSKING • KIDS CORNER

Saturday 25th May
10am-4pm
SHIPSTON-ON-STOUR
Town Centre on Sheep Street & The Bury

As part of Shipston's Woolly Weekend 2019
Wool Fair Bank Holiday Monday 27th May

WOOL

To support all aspects of our local community and provide local residents with a platform to promote their skills and services, Totally Locally are establishing a series of town markets. If you would like to know more or get involved please visit www.totallylocally.org/shipstononstour.

A WEEKEND BAZAAR FOR A GOOD CAUSE

BANK HOLIDAY MONDAY

SHIPSTON WOOL FAIR

WOOL

27TH MAY from 10am - 4pm

IN THE TOWN SQUARE